

WAYS TO ENCOURAGE DEVELOPMENT IN 5-, 6-, AND 7-YEAR-OLDS VIA PLAY



Establish a play routine to ensure your child plays indoors and outdoors daily.

Play with your child for at least ten minutes a day to boost their emotional security.



Enhance your child's self-expression by discussing their feelings during playtime.

Encourage your child to indulge in outdoor games to reduce screen time.



Convert simple household chores into games to instill a sense of responsibility.

Opt for toys that facilitate group play to enhance the child's social skills.



Use the child's toys to teach and practice classroom behavior.

Opt for toys that have a calming effect to help the child wind down after school.



Reference

- 1 5-6 Years: Child Development; Raising Children Network