

IS IT A COLD, AN ALLERGY,



OR SINUS INFECTION?

SYMPTOMS	SINUS INFECTION	COMMON COLD	ALLERGY
 Fever/ Chills	Yes	Yes	No
 Nasal discharge	Thick, yellowish or greenish	Clear, watery, thick, or colored	Clear, watery
 Stuffy nose	Yes	Yes	Yes
 Runny nose	Yes	Yes	Yes
 Sneezing	Maybe	Yes	Yes
 Watery eyes	Maybe	Maybe	Yes
 Coughing	Maybe, with post-nasal drip	Yes	Maybe, with post-nasal drip
 Chest congestion	Rare	Yes	Rare
 Sore or itchy throat	Rare	Yes	Maybe
 Stiff neck	Yes	No	No
 Headache	Yes	Maybe	Maybe

References

- 1 Is It a Cold, Sinus Infection or Allergies?; Children's Health of Orange County
- 2 The Difference Between Sinusitis and a Cold; American Academy of Pediatrics
- 3 Is It a Cold or an Allergy? Should You Call Your Primary Care Provider?; Children's Hospital of Philadelphia