

Possible Benefits And Risks Of PediaSure For Children



Benefits



The rich nutrient profile can promote healthy growth and development



The antioxidant compounds boost immunity



Its gluten-free nature can be beneficial for children with gluten-sensitivity



Good for lactose-intolerant children

Risks



May cause excess weight gain



May lead to dental problems



Might cause gastrointestinal problems such as constipation



Regular overconsumption might lead to a preference for high-sugar foods

Reference

1. Why choose PediaSure?; Abbott