

Benefits Of Drawing And Painting For Children



Improves hand-eye coordination



Develops the hand's grasp and muscles

Controlled movements refine fine motor skills



Enhances mathematical concepts such as shapes, spatial reasoning, etc.



Provides an emotional release



Facilitates expression of ideas and thoughts which the child can't articulate



Develops writing skills



Experimentation with mixing colors instills the concept of cause and effect



References:

- The art of creating: Why art is important for early childhood development; Michigan State University
- Play idea: Painting; NZ GOV