

Makes them follow the same path





Makes the parent panic and over-react in difficult situations





Keeps the parent calm and composed during tough situations

## Examples of Helicopter Parenting



Picks clothes for the children



Makes them have selected food items from the buffet

Tells them what to write in the school essay



## Examples of Free-Range Parenting



Makes them explore their own style



Gives them a chance to do what they want

Allows them to put across their emotions



Mom<sup>2</sup> Junction

Source: https://www.momjunction.com/articles/whether-or-not-you-are-a-helicopter-

parent\_00373676/