

Dealing with a Defiant Toddler: Things Not To Do



What You Should

Not do!



Lose your cool.

Fall for their drama and let them sway you.



Go easy on their responsibilities or let them get away with their actions.

Overlook their small positive changes and behaviors.



Bargain in return for their good behavior.

Compromise on rules and instructions.



What You Should Not Say



"Stop yelling" or "Stop whining!"

"Shame on you."

"No one wants to be with you when you're bad."

"I said do it now!"

"Because I said so."



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