

Step-By-Step Guide To Administering Nasal Spray



Wash your hands and shake the bottle well before use.



Have your child sit upright with their head tilted back.

Let them stay still and hold the position.



Carefully insert and aim the nozzle towards the outer wall of the nostrils and spray.

Let your child remain seated in the position for a few minutes.



Wipe away the excess that comes out of the nose.

