

# Preventive Measures And Caring Tips For MUMPS



## Preventive tips

Getting vaccinated (MMR vaccine)



Maintaining good hand hygiene practices



Avoiding contact with infected or unwell children



Covering mouth and nose when coughing or sneezing



## Caring tips



Let them take enough rest



Offer more fluids



Give acetaminophen after consulting a doctor



Serve pureed foods, vegetable broth, and other liquidy foods for easy eating