



# Tips For Cleaning And Maintaining A Punching Bag



Hang the punching bag in a well-ventilated, moisture-free zone to prevent mold.



Wipe clean the punching bag with a damp cloth after each use.



Cleanse the bag thoroughly once a week using a mixture of vinegar and water.



Use an antibacterial spray to give the bag a deep cleanse and remove germs.



Avoid cleaning leather bags with disinfectants containing alcohol or bleach.



Perform a patch test of a new cleaning solution on the bottom of the bag to avoid any potential damage.



Avoid drying the bag in direct sunlight to prevent the leather from cracking.



Apply a leather conditioner to your leather bag every two months for maintenance.