



TIPS FOR Using Breast Pump TUBES PROPERLY



Handle the pump with care to prevent the milk from entering the tubes.

Clean the tubes with a disinfectant wipe if they become soiled from the outside.



If you notice water droplets in the tubes, run the pump until the tubing is dry.

Wash the tubes with cooled, boiled water only when they come in contact with milk from the inside.



Ensure to air dry the tubes thoroughly before the next use.

Discard the tubes as soon as you notice mold in them.



Keep a spare tubing set on hand if the existing set gets damaged or dirty.

References:

1. How To Keep Your Breast Pump Clean; CDC
2. Cleaning A Breast Pump; FDA