

# USEFUL GUIDE TO KEEP A BABY'S SKIN HEALTHY



Use lukewarm water and gentle soap to bathe the baby.



Give them a sponge bath twice or thrice a week in the first month.



Wipe the baby's body with smooth cotton towels after a bath.



Use fragrance-free baby products specifically designed for babies.



Change the diapers frequently or as soon as they are soiled.



Wash new clothes before putting them on the baby.



Dress the baby in comfortable clothes.