

Avoid taking anything she says personally:



You may decrease responding to negative comments and eventually disarm her.



Avoid reciprocating her behavior and talking ill of her in front of your children. Hold your ground when needed, but be respectful as well.

Do not drag your spouse for every little thing:



It is difficult for them to go against their mother. Let them know, but don't force them to choose between you and their mother.

Give her the attention she yearns for:



Ask her for advice. You have the option of not taking it, but it may make her feel wanted.

Express gratitude for your spouse in front of her:



It might soften her, transforming her gradually.

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