



Tips For Cutting A

Baby's Nails



Cut the baby's fingernails and toenails every once or twice a week.

Use dedicated baby nail scissors or baby nail clippers.



Trim the baby's nails while they are asleep or calm to minimize sudden movements.

Ensure there is ample lighting to trim the baby's nails with utmost care.



Secure the baby in a high chair or ask someone to hold the baby while you carefully trim their nails.

Gently pull the baby's finger pads away from the nails to avoid nicking the skin.



Cut the nails straight across and avoid shaping them to prevent ingrown nails.

Smooth out sharp or pointed edges with a baby-friendly emery board.



References:

1. Baby Nails: How To Cut Them And Treat Nail Problems; Raising Children Network
2. How To Cut Your Baby's Nails; Healthdirect Australia
3. Trimming Baby's Nails; Family Health Services Hong Kong