

Tips To Manage Adamant Teenage -Behaviors

Show respect for your teenager's individuality.





Understand their fears and priorities.

Try to see things from their perspective.





Prioritize the concerns to discuss and offer them choices.

Appreciate their good behaviors and accomplishments.





Have open and honest conversations, and help them plan for difficult situations.



Source: https://www.momjunction.com/articles/tips-to-deal-with-your-stubbornteenager_00352446/