



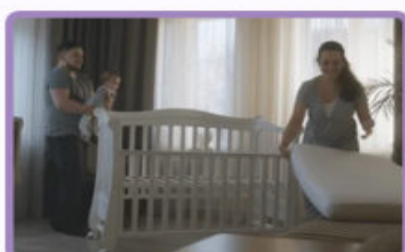
Things To Remember When Putting A Baby To Sleep In A Crib



Put the baby to sleep on their back on a firm and flat crib mattress.



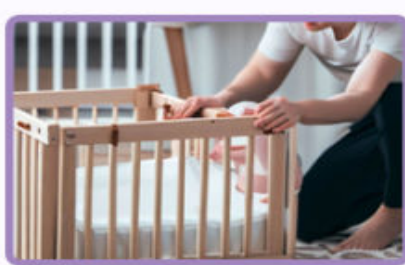
The mattress should fit snugly between the crib frames with no spaces.



Put away any toys, blankets, loose bedding, pillows, or objects from the baby's crib.



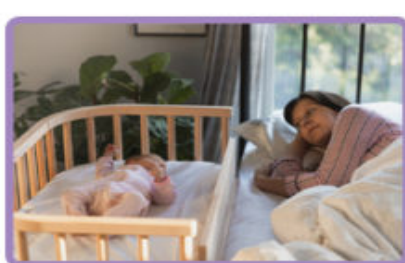
Remove any strings, cables, or wires from where your baby sleeps.



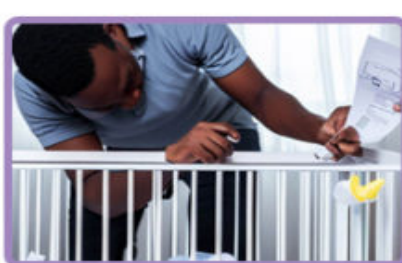
Ensure the crib is sturdy and has no loose, broken, or missing parts.



Avoid blankets and rather dress your baby in warm onesies.



Keep the baby's crib near your bed to attend to them at night.



Ensure that the crib meets all the current safety standards.

References

1. Safe sleep for your baby; March of Dimes
2. Sleep in Infants (2-12 Months); Nationwide Children's Hospital