



What Are The Home Remedies **FOR SHINGLES** In Babies?

Dress the baby in loose clothing to prevent friction.




Give gentle cold compressions over blisters by soaking a towel in water.

Give the baby an oatmeal bath to reduce irritation.



Apply plain calamine lotion on the blisters to reduce itchiness.

Ensure the baby is getting adequate rest and sleep.



Provide wholesome and balanced meals to babies older than six months with breastfeeding.