



Encourage them to crawl toward their favorite toy by placing it slightly out of reach.

Get on the floor and crawl forward to let the baby see and learn.





When the baby crawls, put your hand on their bottom and gently push them forward.

Move their legs and arms in the forward direction while massaging to let the baby get the feeling of moving forward.





Use their favorite snack to entice them to move forward.

Be their cheerleader every time they attempt to crawl forward.





Source: https://www.momjunction.com/articles/why-do-some-babies-crawl-backwards_00385350/