



## Ways To Keep Soapy Water Away From Baby's Eyes While Shampooing



Use a shower cap that creates a barrier from the forehead down.

Wet the baby's head with a spray bottle or narrow tumbler.



Apply shampoo using a washcloth to keep it from running into the eyes.

Lather from front to back to keep the suds from getting into the eyes.



Scrub the head with a sponge to soak up any excess water.

Lay the baby horizontally or tilt their head to keep water away from their face.

