

Tips For Maintaining SMOOTH-SKINNED LEGS



Dry brush your legs before bathing to remove dead skin cells more effectively.



Use gentle and nourishing body washes that preserve the skin's natural oils.



Apply body lotion to your legs before the skin dries after showering.



Wait for at least ten minutes for the lotion to soak in before putting on clothes.



Slather on sunscreen to your legs before going out in the sun.



Use shaving cream instead of soap to ensure a closer shave.



Change razor blades after five to seven shaves for softer skin.



Drink plenty of water to keep your skin hydrated and supple from within.