



SIGNS THAT YOU NEED TO WAIT TILL YOU **DATE AGAIN**



You can't help but think about your ex

You still miss the physical intimacy with your ex



You do things to get your ex's attention

You've learned nothing from your previous relationship



You still have difficulty sleeping as you're thinking about your ex

You can't stand seeing your ex with someone else



You are scared of going through a heartbreak all over again

You look for your ex in your new date



You want a partner who looks perfect on paper