Home Management Of
Bad Breath (Halitosis)
In Children

Adequate hydration to flush oral debris

Replacing toothbrush every two to three months

Using a gentle tongue cleaner

Using mouthwashes suitable for children

Eating salads and fresh fruits

Chewing on a parsley, mint, or other herb sprig

Reducing consumption of sugary and caffeinated beverages

Removing and cleaning removable orthodontic appliances daily, if possible

Mom Junction