Find a comfortable grip on the dart that works for you to keep your throws consistent.

Tips To Improve Your

(7

Place the dart board relatively closer as you begin to practice.



Before throwing the dart, focus on the exact target you are aiming for several seconds.

As you throw the dart, take your time and slow down the motion to ensure accuracy.



Keep your back straight and have your feet in the proper stance before you begin your throw.



Finding balance is crucial for eliminating fatigue and maximizing precision.



Source: https://www.momjunction.com/articles/best-dart-boards_00758468/