

Protect Your Children From The Stress Of Divorce



Don't keep the divorce a secret until the last minute or drop the news out of the blue. Help them understand the problem and let them know that you may separate.

Maintain your duties as parents and stay equally involved in their lives, such as school activities and birthdays.



Don't let your differences affect your time with them. Spend your days with them how you would have had before the separation.

Keep your children out of intense legal and court disputes and discussions.



Let your child have the liberty to spend as much time as they want with both parents.