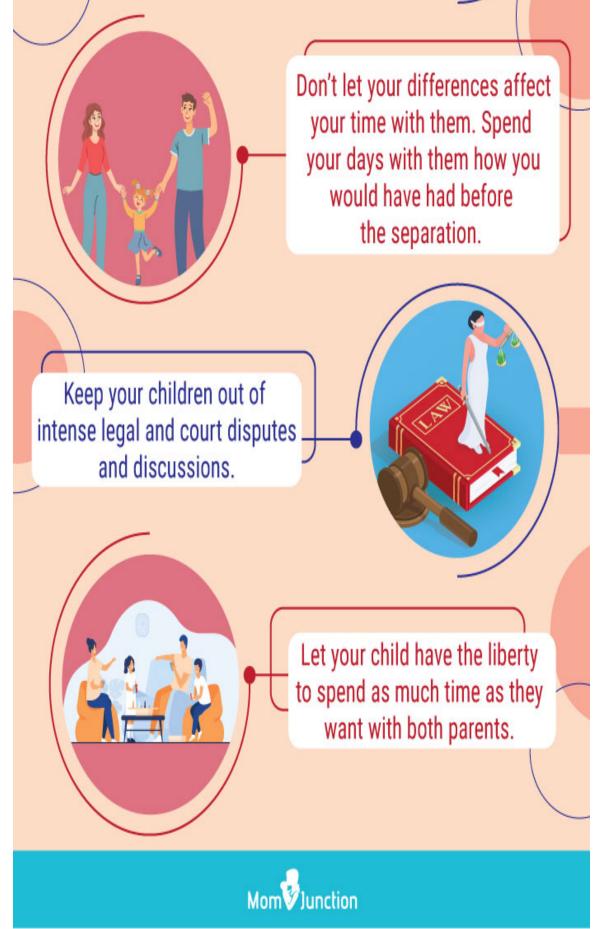
Protect Your Children From The Stress Of Divorce

Don't keep the divorce a secret until the last minute or drop the news out of the blue. Help them understand the problem and let them know that you may separate.

Maintain your duties as parents and stay equally involved in their lives, such as school activities and birthdays.



Source: https://www.momjunction.com/articles/side-effects-divorced-parents-children_0022338/