

Tips To Stay Unfazed When People Ignore You



Ignore the people who ignore you. You are not obligated to please everyone.

If social media is the root, either block them or get off the sites for at least a few months to find mental peace.



Engage in your hobbies or take solo trips to places other people didn't wish to accompany you.

Go out more with your family and spend time with your cousins or relatives during family gatherings.



If you want closure, approach them and let them know it's okay if they don't wish to be in your life, and you are happy either way.

Be open to new connections, make new friends, and don't hold onto toxic relationships that don't value you.

