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Consider if they have mentioned something they specifically want for their birthday and include it.

> Don't invite people without asking your child since they may not be comfortable with some of their peers.

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Involve them in the planning but

not so much that it ruins the surprise element.

Pick a theme to make it memorable, and you may request a dress code per your child's choice.

Write everything down to not miss out on the important stuff, and it's better to stock up in advance to avoid the hustle.

> Include foods and activities of your child's choice and if you also invite the parents, prepare a separate area for the adults to chat and have fun.



Source: https://www.momjunction.com/articles/13-year-old-birthday-party-ideas_00772291/