



Make sure you choose diapers that fit your baby snugly.

Change the diaper at the right intervals, especially before bedtime.





Choose a diaper with stronger elastic around the legs and the waist, yet not too tight.

Prevent overloading the diaper. Consider using diapers with wetness indicators.





Check the diaper's absorption level first to ensure hassle-free use.

Put on a cloth diaper cover over disposable diapers for added protection.





Source: https://www.momjunction.com/articles/best-diapers-to-preventblowouts\_00771271/