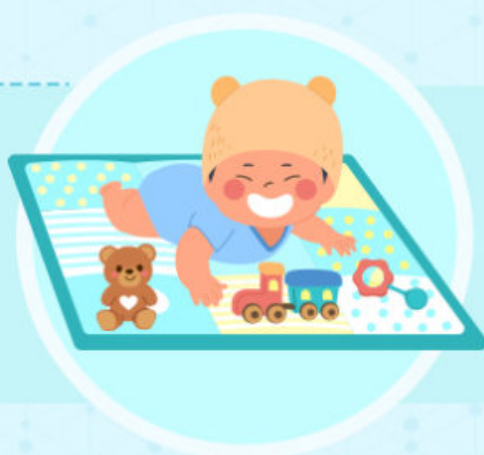


# Tips To Relieve The Baby's Gas Pain



Help the baby burp immediately after feeding them.

Let your baby indulge more in tummy time.



Try different nipples and bottles to explore which one helps reduce gas buildup.

Try to feed the baby in an upright position.



Use FDA-approved simethicone drops if they help.

## Reference:

- 1 How to Help a Newborn with Gas; The Children's Hospital of Philadelphia

