

Steps To Clean

Your Back Properly With A

Back Scrubber



Take a warm shower to moisten and soften your skin.

Wet the back scrubber with water before using it on the skin.



Apply a small amount of shower gel or soap on the scrubber.

Create a rich lather on the silicone or towel back scrubber by rubbing your hands on the scrubber.

Use the scrubber directly on the skin if using a brush scrubber.

Exfoliate your upper and lower back properly by moving the scrubber in circular motions.



Thoroughly rinse your back with clean water.

Finish your shower and moisturize your skin with lotion, especially on the back.