



Useful Tips For Feeding Corn To Babies Safely

Choose fresh, preferably organic corn with shiny, plump kernels.



When purchasing frozen or canned ones, read the label.

Feed your baby fresh corn within three days of purchase.



Feed corn to young babies in a pureed form.

Once your baby is 18-24 months old, you can feed them creamed corn.



You can also consider giving boiled corn to older babies with teeth.

