Ways To Prevent Your Baby From Side-Sleeping





Put the baby on their back to sleep

Remove unnecessary objects from the bed





Don't swaddle your baby while sleeping



Change your baby's sleep position



Keep them in a separate crib in the same room



Source: <u>https://www.momjunction.com/articles/is-it-safe-for-your-baby-to-sleep-on-one-side_0098507/</u>