Tips For Maintaining And Caring For Afro Curls

Use a moisture-boosting shampoo and conditioner to keep your hair easy to manage.





Use hydrating moisturizing milk, cream, and hair mask for lasting softness.

Wear scarves to protect the hair from direct sunlight when outdoors.





Avoid tying the hair too tight to prevent irritation and hair breakage.

Apply oils, such as coconut, olive, or avocado, before shampooing if the hair feels too dry.





Dry your hair only with a towel after a shower, and avoid hair dryers to prevent hair damage and dryness.



Source: https://www.momjunction.com/articles/hairstyles-for-black-teenagegirls_00391742/

<u>giris_003517 (2)</u>