

Instructions To Use A Cellulite Massager



1
Apply a generous amount of cream or oil to the massage area.

2
Spread it evenly with your hands.



3
Firmly hold the massager and move in a circular motion applying light pressure. If it is the roller type, move it in an upward direction.

4
Gradually increase the pressure according to your comfort.



5
Wipe off the excess cream or oil, and see a toned and refreshed skin.