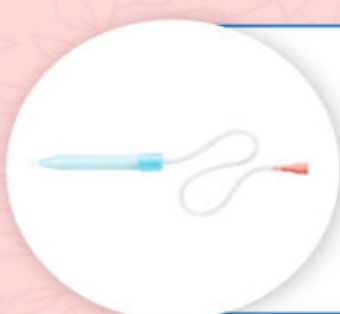




# Steps For Using A Manual Nasal Aspirator On Babies



## STEP 1

Connect the filter, the short straw, the nose hose, and the mouthpiece.



## STEP 2

Place the baby on their back and administer saline solution if the nostrils are congested with thick mucus.



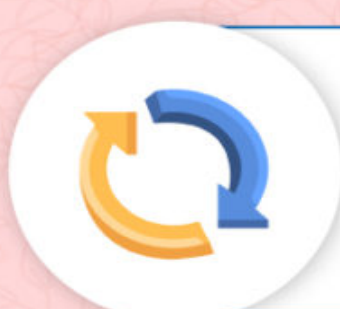
## STEP 3

Insert the tip of the nose hose nozzle carefully into the baby's nostril.



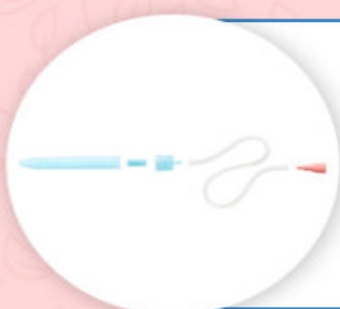
## STEP 4

Insert the mouthpiece into your mouth and gently suck to remove the mucus.



## STEP 5

Repeat steps four and five for the other nostril.



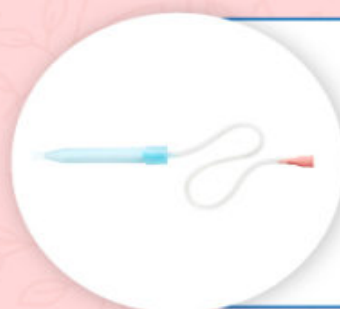
## STEP 6

Detach all aspirator parts and discard only the single-use filter.



## STEP 7

Wash the remaining parts with soap and warm water.



## STEP 8

Allow all the parts to dry thoroughly before storing them in a dry place.

### Reference:

1. How To Use A Manual Nasal Aspirator; The Children's Mercy Hospital