

## Tips For Using A Skateboarding Helmet



## **Properly**

Ensure the helmet meets NOCSAE standards before using it.





Regularly check the helmet for cracks and tears.

Do not decorate the helmet, as it may make it difficult to spot signs of damage.





Avoid storing the helmet in the car to prevent exposure to high heat.

Periodically wipe the helmet clean inside and out with mild soap and warm water.





Avoid using harsh chemicals-based solvents to clean your helmet.

Refrain from soaking the helmet to prevent damage to the padding.





Replace the helmet if you notice wear and tear or if the helmet is involved in a crash.

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