

# Safety Tips

For Using Activated

# Charcoal Toothpaste



Read the instructions provided by the manufacturer before using the toothpaste.

Use a soft-bristled toothbrush when brushing teeth to avoid abrasions to teeth enamel.



Avoid harsh brushing, as it may deplete the enamel layer.

Since whitening toothpaste can cause gum irritation, do not overuse it.



Thoroughly rinse your mouth with water after brushing, as the tiny activated charcoal particles left behind can cause tooth decay.

Stop using the toothpaste if you experience tooth sensitivity.

