

Points To Consider When Using A Smart Watch



Keep the smartwatch at least 20 centimeters away from electronic medical implants.

Avoid storing the watch in the breast pocket, even temporarily.



Refrain from wearing the watch in saunas to prevent exposure to hot temperatures.

Remove the watch before undergoing medical procedures involving electromagnetic devices.



Do not adjust the crown when the watch is in water to prevent internal damage.

Avoid long-term exposure of the watch to saltwater.



Clean the watch promptly after a swim or workout session.

Abstain from using detergents, soaps, and shampoos for cleaning the watch.

