Safety Tips To Follow While Using A Thermos

Never put piping hot food in the thermos to prevent it from spoiling.



Let the hot food sit for some time to reach an optimal temperature.



Always use the pressure release button to open the lid.



In case of no release button, open it in the manufacturer-prescribed manner.



Consume the food within two hours to prevent germ build-up.



Clean it thoroughly after use with soap and water.



Let it air-dry properly to avoid mold.



Inspect it regularly for mold.



Reference

1. Handling Food Safely While Eating Outdoors; USFDA



Source: https://www.momjunction.com/articles/best-food-thermoses_00625375/