

Balanitis is the swelling of the glans penis. It can develop at any age and mostly

occurs in boys below five years.



COMMON CAUSES



- Irritation from soap, shower gels, or urine
- Poor hygiene in the genital area
- Bacterial or fungal infection
- Skin conditions, such as eczema and psoriasis
- Diabetes





SIGNS & SYMPTOMS



- Swelling, itchiness, and redness
- White spots
- Foul odor
- Tightening of the foreskin
- Painful urination





PREVENTIVE MEASURES

- Keep the genital area dry and clean with lukewarm water
- Avoid possible irritants, such as harsh soaps and shower gels
- Avoid retracting the foreskin often



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