

# Safety Of CITALOPRAM (CELEXA)

## When Breastfeeding



If the mother was on citalopram during pregnancy, most experts suggest continuing it during breastfeeding.



Citalopram has not shown adverse effects on the development of infants.

Citalopram may reach breast milk in small amounts (around 2-5% of the mother's dose), which is well below the level causing any concern.



If you have a premie, then breastfeeding may not be recommended while you are on citalopram.

Seek medical help if you observe side effects in your baby, such as poor feeding, colic, unusual sleepiness, irritability, or restlessness.



Stopping citalopram abruptly may cause withdrawal symptoms in the mother, such as mood changes, agitation, sweating, and sleep problems.

### References

1. Citalopram; National Library of Medicine
2. A handy fact sheet on citalopram and escitalopram in pregnancy and breastfeeding; Birmingham and Solihull Mental Health
3. Pregnancy, breastfeeding and fertility while taking citalopram; National Health Services, UK