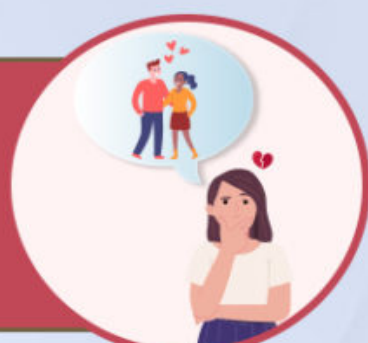




Things Not To Do If Your Ex Is Not Coming Back

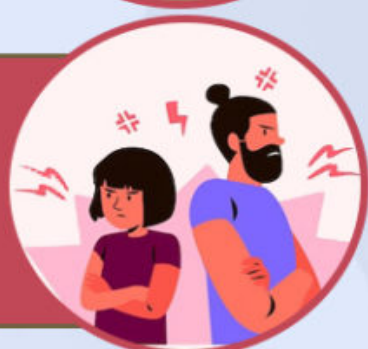
Thinking about their present life



Calling or texting them often



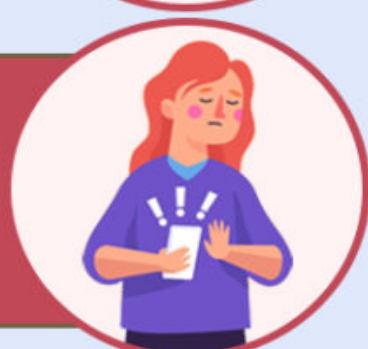
Holding on to anger and revenge



Speaking negatively about them in front of common friends



Stalking your ex on social media



Clinging to memories such as their stuff, favorite song, or favorite place



Resorting to alcohol and substance abuse



Comparing yourself to the new person in their life



Being desperate about being in another relationship

