



Tips For Cleaning **CLOTH DIAPERS** *In A Washing Machine*



Read manufacturers' instructions before using the washing machine.



Wash diapers separately from other clothes in the washing machine to maintain diaper hygiene.

Remove any solid waste from the diapers before putting them in the machine.



Wash 12-18 cloth diapers in a single cycle to avoid overloading the machine.

Pre-rinse the diapers on the shortest cycle with cold water and no detergent to loosen the dirt.



Use a phosphate-free and mild detergent to clean the cloth diapers thoroughly.

Refrain from using a fabric softener when washing cloth diapers.



Air drying the cloth diapers instead of putting them in the dryer can save electricity.

Reference:

1 Nappies: cloth nappies and disposable nappies; Raising Children Network