

FOODS THAT MAY SURPRISINGLY CAUSE GREEN-COLORED POOP IN BABIES



Broccoli



Kale



Blueberries or other blue/purple fruits and vegetables



Green apples



Honeydew melon



Avocados



Herbs such as cilantro, basil, and parsley



Pistachios



Green food dye found in cakes or packaged food



Grape-flavored Pedialyte

Note

Contact your healthcare provider if your child shows any signs of discomfort or sickness along with green poop.

References:

- 1 Why Is Your Poop Green?; Cleveland Clinic
- 2 Stools - Unusual Color; Children's Colorado Hospital