







Para-aminobenzoic acid (PABA)







Methylfolate (Vitamin B9 or folic acid)

Vitamin D, Iron, and Iodine





Source: <a href="https://www.momjunction.com/articles/fertilaid-for-women-benefits-side-effects\_00114557/">https://www.momjunction.com/articles/fertilaid-for-women-benefits-side-effects\_00114557/</a>