## What To Look For In AnAntibacteria Soap For Eczema

Natural ingredients such as aloe vera or tea tree oil.



Mild, non-irritating cleansers such as glycerin.



Humectants, such as hyaluronic acid and glycerol, for moisturizing.



Emollients, such as shea butter or coconut oil, for soothing effect.



A fragrance-free soap.



## **References:**

- 1. Partha Mukhopadhyay; Cleansers And Their Role In Various Dermatological Disorders; NCBI
- Schandra Purnamawati et al.; The Role of Moisturizers in Addressing Various Kinds of Dermatitis: A Review; NCBI
- Kam Lun Hon et al.; Emollient treatment of atopic dermatitis: latest evidence and clinical considerations; NCBI
- 4. Eczema and Washing Hands Frequently; Allergy & Asthma Network

