

Facts For Children



Aloe vera is made of two parts - latex and gel.

There are nearly 240 varieties of aloe vera over the world.





Aloe vera gel contains 96% of the water required by the plant to survive.

It contains over 75 unique nutrients and has been used for generations to cure various health conditions.





Aloe vera contains antimicrobial qualities.

Aloe vera is extensively used in hair and skin products.





Aloe vera can survive for more than 100 years in the desert.

Aloe vera juices and smoothies are widely popular beverages.



Reference:

1. Did You Know: Aloe Vera; https://cchc-online.org/2019/10/07/did-you-know-aloe-vera/

Mom Junction

Source: https://www.momjunction.com/articles/aloe-vera-for-kids-juice-andfacts_00381815/