Group Activities For Your Teens

Team Artitech

A fun activity in which teams construct structures or come up with unique ideas using odd materials like cardboard, newspapers, or eggs. The team with the best design wins.





Living Sculpture

A fun activity in which teams construct structures or come up with unique ideas using odd materials like cardboard, newspapers, or eggs. The team with the best design wins.

Bucket Swimming Relay

A perfect challenging outdoor summer activity involving swimming from one end to another while having fun.





Ultimate Soccer

This game is not only entertaining, but it also has a ton of other benefits, including teaching empathy and teamwork and using strategic thinking.

Treasure Hunt

You may give it a new spin despite being a classic by making it more challenging. Plan this activity in the backyard or a local park.





Who Am I?

It's a plain paper and pen game. Teens should only jot down a few entertaining facts about themselves, which the host will then read aloud while the other participants try to guess.



Source: https://www.momjunction.com/articles/group-activities-for-teenagers_00115271/