# **Group Activities** For Your Teens

#### **Team Artitech**

A fun activity in which teams construct structures or come up with unique ideas using odd materials like cardboard, newspapers, or eggs. The team with the best design wins.





### **Living Sculpture**

A fun activity in which teams construct structures or come up with unique ideas using odd materials like cardboard, newspapers, or eggs. The team with the best design wins.

# **Bucket Swimming Relay**

A perfect challenging outdoor summer activity involving swimming from one end to another while having fun.





#### **Ultimate Soccer**

This game is not only entertaining, but it also has a ton of other benefits, including teaching empathy and teamwork and using strategic thinking.

## **Treasure Hunt**

You may give it a new spin despite being a classic by making it more challenging. Plan this activity in the backyard or a local park.





# Who Am I?

It's a plain paper and pen game. Teens should only jot down a few entertaining facts about themselves, which the host will then read aloud while the other participants try to guess.



Source: https://www.momjunction.com/articles/group-activities-for-teenagers\_00115271/