

Interesting Activities For 13-Month-Old Babies



Peek-a-Boo, I see you

- Cover yourself under a sheet, towel, piece of cloth, or your hands and hide behind it.
- Ask the toddler, “where is mamma?”
- As the toddler will understand the game, they may also begin to hide and play the game.



Climb the pillow mountain

- Use pillows, cushions, a cardboard box, or a small bean bag on which your toddler can climb and bounce.
- Put the cardboard box sideways with the flaps open, so the toddler can crawl and sit inside.
- Put the cushions around a sofa and let the toddler jump onto them.



Read-book time

- Sit in a quiet place and remove all distractions.
- Open the book and point at familiar objects, and read out loud.
- Help the toddler relate to things in the book.



Shake, baby, shake it

- Seal one end of a toilet paper roll with a magazine cover.
- Fill the tube up with rice-shaped cereal.
- Seal off the other end of the roll and let the baby play with the new rattle.



Balls in a box

- Use a large shoe box or similar cardboard box and place it open on the ground.
- Make balls from paper and ask your baby to toss them into the box.

