

# How To Prevent Jaundice While Pregnant



Say no to alcoholic beverages.



Avoid sharing personal items.



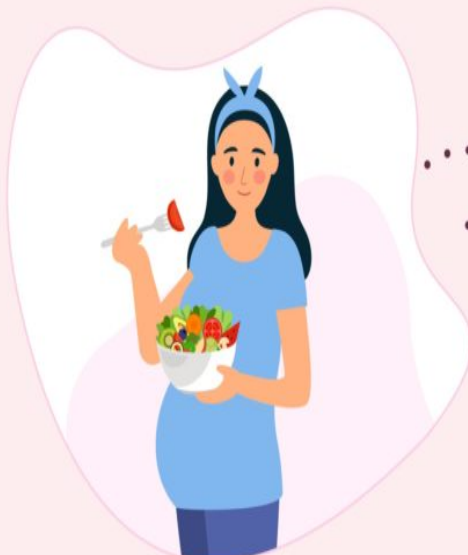
Speak to your OB-GYN about getting a vaccination against hepatitis.



Schedule routine doctor visits to detect any issues early.



Wash hands before and after eating meals.



Maintain a healthy diet and body weight.