

Proper Use Of Promethazine Suppositories In Children

- 1 Refrigerate the suppository for 30 minutes if it appears too soft.

Wash your hands and put on plastic gloves.

2



Image source - About Kids Health

- 3 Position your child in any one way:

On their side with their knees bent toward the chest.

On their back with legs raised.

On their stomach with knees to chest.

Remove the wrapper and put a few drops of water on the suppository to wet it. Do not use petroleum jelly or oil for lubrication.

4

- 5 If one-half (1/2) suppository is prescribed, carefully cut it lengthwise using a knife.

Use your thumb and index finger to hold the suppository, and use your other hand to open your child's buttock cheeks to locate the anal opening.

6

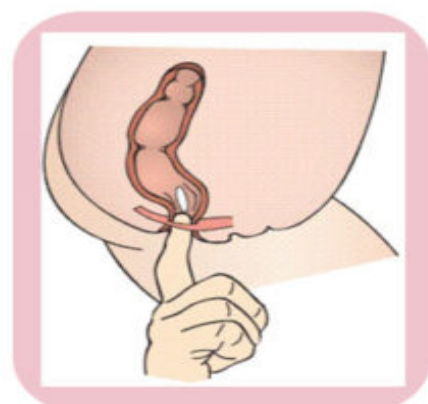


Image source - Medicines for Children

- 7 Insert the pointed end into the anus, and push the suppository all the way in with your finger.



Image source - About Kids Health

Hold the buttock cheeks close for some time (about 10 minutes).

8

Note: Take the pediatrician's guidance before trying these steps. Also, let them know of your child's allergies so that they may prescribe suppositories that do not contain any allergens.

References

1. Promethazine Hydrochloride Suppositories; National Institutes of Health
2. Promethazine Rectal Suppository 25 mg; Mount Nittany Health
3. How to Give Your Child a Rectal Suppository; UW Health