



CONCERNING SIGNS & TIPS

For Preventing

THE SPREAD OF RUBELLA

Seek immediate medical care if the child has these signs



A high fever of more than 100.4°F (38°C)

Sore throat, persistent cough, or headache



Diarrhea and fatigue



Rashes that don't subside after a week



Tips to prevent the spread of rubella



Do not send your child to school after the rash appears (for at least a week).

Have your child use tissues to cough or sneeze and discard them in a bin.



Instruct your child to wash their hands often with soap and warm water.



Make sure your child does not share their personal belongings with anyone.



References:

1. Rubella; Boston's Children's Hospital
2. Rubella (german measles); NHS